

[Month Date Year]

Dear Path to Health Member:

This letter is to let you know about exciting changes to the Path to Health Program by CMSP starting on February 1, 2022. Current Path to Health members will receive a new Path to Health ID Card in the mail in a few weeks reflecting these changes.

Path to Health has expanded its covered services to include the following benefits through CMSP contracted providers:

- Outpatient Mental Health Services
  - Services include individual, group, and family counseling services.
  - Limited to six (6) visits per enrollment period for mild to moderate conditions.
  
- Outpatient Substance Use Disorder Services
  - Services includes individual and group counseling services
  - Limited to six (6) visits per enrollment period.
  
- Outpatient Physical Therapy Services
  - Limited to twenty-four (24) visits per enrollment period.

Path to Health members can now seek care from any contracted CMSP provider that provides covered Path to Health services. You will no longer be required to only receive services from the clinic where you enrolled in Path to Health. To search for a CMSP contracted provider, visit: <https://pathtohealth.amm.cc>.

Remember, Path to Health only offers coverage for certain primary and preventative care services. For a complete list of covered and non-covered benefits, look in the *Path to Health Member Guide* available at: <https://pathtohealth.amm.cc/Members>.

If you need help or have any questions, call Path to Health Customer Service  
(Monday through Friday 8 am to 5 pm PST) at:

**(877) 283-PATH (7284)**